**Uhla lwemibuzo mayelana nokusebenza ngempumelelo kanye nokuphazamiseka kokusebenza: I-melanoma V2.2 (WPAI: Melanoma)**

Imibuzo elandelayo ibuza ngomthelela we-melanoma yakho ekhonweni lakho lokusebenza ngempumelelo kanye nokwenza imisebenzi ejwayelekile. *Sicela ukuthi ugcwalise izikhala ezishiyiwe noma ufake indingilizi enombolweni, njengoba kukhonjisiwe.*

1. Ngabe uyasebenza njengamanje (usebenzela iholo)? \_\_\_\_ CHA \_\_\_\_ YEBO

*Uma impendulo yakho ingu-CHA, faka uphawu ku-”CHA” bese wedlulela embuzweni wesi-6.*

Imibuzo elandelayo imayelana **nezinsuku eziyisikhombisa ezedlule**, ayilufaki usuku lwanamuhla.

2. Ezinsukwini eziyisikhombisa ezedlule, ulahlekelwe ngamahora amangaki emsebenzini ngenxa yezinkinga ezihlobene ne-melanoma yakho? *Faka namahora alahleke ngezinsuku obugula ngazo, nezikhathi ofike ngazo emsebenzini ngemuva kwesikhathi, nezikhathi ohambe ngazo emsebenzini ngaphambi kwesikhathi, njalonjalo, ngenxa ye-melanoma yakho. Ungasifaki isikhathi esilahleke ngokuhlanganyela kwakho kulolu cwaningo.*

AMAHORA angu-\_\_\_\_

3. Ezinsukwini eziyisikhombisa ezedlule, ulahlekelwe ngamahora amangaki okusebenza ngenxa yanoma yisiphi esinye isizathu, njengokuthatha isikhathi sokuphumula, amaholide okuphumula, nesikhathi osithathe uhlanganyela kulolu cwaningo?

AMAHORA angu-\_\_\_

4. Ezinsukwini eziyisikhombisa ezedlule, mangaki amahora owasebenze ngempela?

AMAHORA angu-\_\_\_ *(Uma impendulo ingu- “0”, yedlulela embuzweni wesi-6.)*

5.Ezinsukwini eziyisikhombisa ezedlule, i-melanoma yakho ibe nomthelela ongakanani ekusebenzeni kwakho ngempumelelo ngenkathi usebenza?

*Cabanga ngezinsuku lapho ube ungivimbele ngokuphelele emisebenzini yakho nokukhinyabezeka enanini lomsebenzi noma ohlotsheni lomsebenzi obungawenza, nangezinsuku ofeze ngazo umsebenzi ongaphansi kwalowo obufisa ukuwenza, noma ngezinsuku ongakwazanga ukwenza ngazo umsebenzi ngokucophelela okujwayelekile. Uma i-melanoma ibe nomthelela omncane kakhulu emsebenzini wakho, khetha inombolo ephansi. Khetha inombolo ephezulu uma i-melanoma ibe nomthelela omkhulu kakhulu emsebenzini wakho.*

Bhekisa kuphela ukuthi i-melanoma ibe nomthelela kangakanani ekusebenzeni kwakho ngempumelelo ngenkathi usebenza.

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| I-melanoma ayibanga nomthelela ekusebenzeni kwami  |  |  |  |  |  |  |  |  |  |  |  | I-melanoma ingivimbele ngokuphelele ukuba ngisebenze  |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

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6. Ezinsukwini eziyisikhombisa ezedlule, i-melanoma ibe nomthelela kangakanani ekwenzeni kwakho imisebenzi ejwayelekile yansuku zonke, kungafakwa ukusebenza kwakho emsebenzini owuholelwayo?

*Ngemisebenzi ejwayelekile siqonde imisebenzi ovame ukuyenza, njengokusebenza endlini, ukuyothenga ezitolo, ukunakekela izingane, ukuzivocavoca, ukutadisha, njalonjalo. Cabanga ngezikhathi lapho ube nokukhinyabezeka enanini lomsebenzi noma ohlotsheni lomsebenzi obungawenza nangezikhathi ofeze ngazo umsebenzi ongaphansi kwalowo obufisa ukuwenza. Uma i-melanoma ibe nomthelela omncane kakhulu emisebenzini yakho, khetha inombolo ephansi. Khetha inombolo ephezulu uma i-melanoma ibe nomthelela omkhulu kakhulu emisebenzini yakho.*

Bhekisa kuphela ukuthi i-melanoma ibe nomthelela kangakanani ekwenzeni kwakho imisebenzi ejwayelekile yansuku zonke, kungafakwa ukusebenza kwakho emsebenzini owuholelwayo.

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| I-melanoma ayibanga nomthelela emisebenzini yami ejwayelekile yansuku zonke |  |  |  |  |  |  |  |  |  |  |  | I-melanoma ingivimbele ngokuphelele ukwenza imisebenzi yami ejwayelekile yansuku zonke |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

FAKA INDINGILIZI ENOMBOLWENI OYIKHETHAYO