**Uhla lwemibuzo mayelana nokusebenza ngempumelelo kanye nokuphazamiseka kokusebenza: I-ulcerative colitis V2.2 (WPAI: UC)**

Imibuzo elandelayo ibuza ngomthelela we-ulcerative colitisyakho ekhonweni lakho lokusebenza ngempumelelo kanye nokwenza imisebenzi ejwayelekile. *Sicela ukuthi ugcwalise izikhala ezishiyiwe noma ufake indingilizi enombolweni, njengoba kukhonjisiwe.*

1. Ngabe uyasebenza njengamanje (usebenzela iholo)? \_\_\_\_ CHA \_\_\_\_ YEBO

*Uma impendulo yakho ingu-CHA, faka uphawu ku-”CHA” bese wedlulela embuzweni wesi-6.*

Imibuzo elandelayo imayelana **nezinsuku eziyisikhombisa ezedlule**, ayilufaki usuku lwanamuhla.

2. Ezinsukwini eziyisikhombisa ezedlule, ulahlekelwe ngamahora amangaki emsebenzini ngenxa yezinkinga ezihlobene ne-ulcerative colitis yakho? *Faka namahora alahleke ngezinsuku obugula ngazo, nezikhathi ofike ngazo emsebenzini ngemuva kwesikhathi, nezikhathi ohambe ngazo emsebenzini ngaphambi kwesikhathi, njalonjalo, ngenxa ye-ulcerative colitis yakho. Ungasifaki isikhathi esilahleke ngokuhlanganyela kwakho kulolu cwaningo.*

AMAHORA angu-\_\_\_\_

3. Ezinsukwini eziyisikhombisa ezedlule, ulahlekelwe ngamahora amangaki okusebenza ngenxa yanoma yisiphi esinye isizathu, njengokuthatha isikhathi sokuphumula, amaholide okuphumula, nesikhathi osithathe uhlanganyela kulolu cwaningo?

AMAHORA angu-\_\_\_

4. Ezinsukwini eziyisikhombisa ezedlule, mangaki amahora owasebenze ngempela?

AMAHORA angu-\_\_\_ *(Uma impendulo ingu- “0”, yedlulela embuzweni wesi-6.)*

5.Ezinsukwini eziyisikhombisa ezedlule, i-ulcerative colitis yakho ibe nomthelela ongakanani ekusebenzeni kwakho ngempumelelo ngenkathi usebenza?

*Cabanga ngezinsuku lapho ube ungivimbele ngokuphelele emisebenzini yakho nokukhinyabezeka enanini lomsebenzi noma ohlotsheni lomsebenzi obungawenza, nangezinsuku ofeze ngazo umsebenzi ongaphansi kwalowo obufisa ukuwenza, noma ngezinsuku ongakwazanga ukwenza ngazo umsebenzi ngokucophelela okujwayelekile. Uma i-ulcerative colitis ibe nomthelela omncane kakhulu emsebenzini wakho, khetha inombolo ephansi. Khetha inombolo ephezulu uma i-ulcerative colitis ibe nomthelela omkhulu kakhulu emsebenzini wakho.*

Bhekisa kuphela ukuthi i-ulcerative colitis ibe nomthelela kangakanani ekusebenzeni kwakho ngempumelelo ngenkathi usebenza.

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| I-ulcerative colitis ayibanga nomthelela ekusebenzeni kwami |  |  |  |  |  |  |  |  |  |  |  | I-ulcerative colitis ingivimbele ngokuphelele ukuba ngisebenze |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

FAKA INDINGILIZI ENOMBOLWENI

KHETHA INOMBOLO

6. Ezinsukwini eziyisikhombisa ezedlule, i-ulcerative colitis ibe nomthelela kangakanani ekwenzeni kwakho imisebenzi ejwayelekile yansuku zonke, kungafakwa ukusebenza kwakho emsebenzini owuholelwayo?

*Ngemisebenzi ejwayelekile siqonde imisebenzi ovame ukuyenza, njengokusebenza endlini, ukuyothenga ezitolo, ukunakekela izingane, ukuzivocavoca, ukutadisha, njalonjalo. Cabanga ngezikhathi lapho ube nokukhinyabezeka enanini lomsebenzi noma ohlotsheni lomsebenzi obungawenza nangezikhathi ofeze ngazo umsebenzi ongaphansi kwalowo obufisa ukuwenza. Uma i-ulcerative colitis ibe nomthelela omncane kakhulu emisebenzini yakho, khetha inombolo ephansi. Khetha inombolo ephezulu uma i-ulcerative colitis ibe nomthelela omkhulu kakhulu emisebenzini yakho.*

Bhekisa kuphela ukuthi i-ulcerative colitis ibe nomthelela kangakanani ekwenzeni kwakho imisebenzi ejwayelekile yansuku zonke, kungafakwa ukusebenza kwakho emsebenzini owuholelwayo.

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| I-ulcerative colitis ayibanga nomthelela emisebenzini yami ejwayelekile yansuku zonke |  |  |  |  |  |  |  |  |  |  |  | I-ulcerative colitis ingivimbele ngokuphelele ukwenza imisebenzi yami ejwayelekile yansuku zonke |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

FAKA INDINGILIZI ENOMBOLWENI

KHETHA INOMBOLO